

Cupertino Hoops Tourney Rules

*** General ***

Cupertino Hoops abides by the NFHS Basketball Rules. Exceptions are listed below.

Basic																																	
Playing Time (see Overtime section for exceptions)	<p>The basic rule is that ALL players play 10 mins in each half. With more or less than 10 players, coaches are encouraged to balance playing time as evenly as possible. Here are the minimum requirements:</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tbody> <tr> <td style="width: 15%;">13 players</td> <td style="width: 25%;">1 player plays 10 mins each half (20 mins total)</td> <td style="width: 25%;">12 players play only 5 mins in either the first or second half (15 mins total)</td> <td style="width: 35%;">No player may be on the court for more than 10 mins each half</td> </tr> <tr> <td>12 players</td> <td>4 players play 10 mins each half (20 mins total)</td> <td>8 players play only 5 mins in either the first or second half (15 mins total)</td> <td>No player may be on the court for more than 10 mins each half</td> </tr> <tr> <td>11 players</td> <td>7 players play 10 mins each half (20 mins total)</td> <td>4 players play only 5 mins in either the first or second half (15 mins total)</td> <td>No player may be on the court for more than 10 mins each half</td> </tr> <tr> <td>10 players</td> <td>ALL players play 10 mins each half (20 mins total)</td> <td></td> <td>No player may be on the court for more than 10 mins each half</td> </tr> <tr> <td>9 players</td> <td>4 players play an additional 5 mins in either the first or second half (25 mins total)</td> <td>5 players play 10 mins each half (20 mins total)</td> <td>No player can play more than 25 mins (15 mins one half, 10 mins the other)</td> </tr> <tr> <td>8 players</td> <td>ALL players play an additional 5 mins in either the first or second half (25 mins total)</td> <td></td> <td>No player can play more than 25 mins (15 mins one half, 10 mins the other)</td> </tr> <tr> <td>7 players</td> <td>5 players play an additional 5 mins in both the first and second half (30 mins total)</td> <td>2 players play an additional 5 mins in either the first or second half (25 mins total)</td> <td>No player can play more than 30 mins (15 mins per half)</td> </tr> <tr> <td>6 players</td> <td>4 players play an additional 10 mins in one half and an additional 5 mins in the other half (35 mins total)</td> <td>2 players play an additional 5 mins in either the first or second half (25 mins total)</td> <td>No player may play the entire game</td> </tr> </tbody> </table> <p>If a player arrives late or leaves early, the player's on-the-court time shall either be distributed to other players per the rules above or be "squeezed" into the time that he/she is present. If a player gets sick or injured or receives a "cooling off" period by the referee, the player's on-the-court time shall be distributed to other players per the rules. The coach shall inform the refs and opposing coach of this situation.</p> <p>A player shall not play less than the minimum playing time due to foul trouble.</p>	13 players	1 player plays 10 mins each half (20 mins total)	12 players play only 5 mins in either the first or second half (15 mins total)	No player may be on the court for more than 10 mins each half	12 players	4 players play 10 mins each half (20 mins total)	8 players play only 5 mins in either the first or second half (15 mins total)	No player may be on the court for more than 10 mins each half	11 players	7 players play 10 mins each half (20 mins total)	4 players play only 5 mins in either the first or second half (15 mins total)	No player may be on the court for more than 10 mins each half	10 players	ALL players play 10 mins each half (20 mins total)		No player may be on the court for more than 10 mins each half	9 players	4 players play an additional 5 mins in either the first or second half (25 mins total)	5 players play 10 mins each half (20 mins total)	No player can play more than 25 mins (15 mins one half, 10 mins the other)	8 players	ALL players play an additional 5 mins in either the first or second half (25 mins total)		No player can play more than 25 mins (15 mins one half, 10 mins the other)	7 players	5 players play an additional 5 mins in both the first and second half (30 mins total)	2 players play an additional 5 mins in either the first or second half (25 mins total)	No player can play more than 30 mins (15 mins per half)	6 players	4 players play an additional 10 mins in one half and an additional 5 mins in the other half (35 mins total)	2 players play an additional 5 mins in either the first or second half (25 mins total)	No player may play the entire game
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Substitutions	Referees will stop play to allow teams to quickly sub at 5 min intervals																																

(see Overtime section for exceptions)	<p>throughout the game.</p> <p>For teams with 11 or more players, referees will allow subbing at 2.5 min intervals upon request from the coach.</p> <p>Aside from the reasons listed in the Playing Time section, there shall be NO subbing other than during 5 min (and, if applicable, 2.5 min) intervals.</p> <p>If substitutions take too long, the referee will charge a time out to the offending team.</p>
Coaches	<p>All coaching must be done from the coaching box.</p> <p>Only the head coach may speak to the referees.</p> <p>Only one coach may stand up in the coaching box at a given time.</p>
Home Team Responsibilities	<p>Provide scoreboard operator, stats keeper and game ball.</p> <p>For some games, the league will provide a scoreboard operator and/or stats keeper.</p> <p>The stats keeper shall track points and fouls per player for both teams.</p> <p>The scoreboard operator and stats keeper responsibilities can be turned over to the Visitor Team if both teams are in agreement.</p>
Jerseys, Shorts and Under Shirts	<p>C-Hoops or Board-Approved jerseys must be worn. Lighter color for home and darker for visitor.</p> <p>Color of shorts and (if visible) shirts under jerseys must either (1) match the jersey color (visitor jersey -> darker color such as black, dark blue/gray/brown, ...; home jersey -> lighter color such as white, yellow, tan, ...) or (2) be the same (dark or light) for the entire team.</p> <p>Each violation will result in 1 point for the opposing team (but not possession).</p>
Free Throws	
General and Bonus	<p>Prior to the last 2 mins of the game, the max amount of free throws shot will be one. A player fouled on a shot will get 1 pt automatically and shoot one free throw. On a 3 pt attempt, the player will get 2 pts automatically, and shoot one free throw. On a shot attempt that goes in, the player will get the basket and one additional point automatically and not have to shoot free throws.</p> <p>A team will reach the bonus when their opponent has committed 7 fouls in a half. On the 7th thru 9th fouls, the player fouled will shoot one shot. If he makes it, he will be awarded 2 pts. If he misses it, he gets no points.</p> <p>A team will reach the double bonus when their opponent has committed 10 fouls in a half. On the 10th foul and thereafter, the player fouled will shoot one shot after being awarded 1 pt.</p>
End of 2 nd Half and During Overtime	<p>In the last 2 mins of the 2nd half and during overtime periods, we will revert to High School free-throw shooting rules if the score differential is 10 points or less.</p>
Technical, Flagrant and Excessive Intentional Fouls	<p>1 pt and possession</p>
Disqualification	
Personal Fouls	<p>5 in a game</p> <p>Opposing coach may choose to let a player with 5 or 6 fouls to continue playing. Referees to ask opposing coach to make decision when a player receives 5th or 6th foul.</p>
Technical Fouls on Player	<p>2 in one game results in disqualification for current and next game.</p> <p>A disqualified player <u>may remain</u> on the bench.</p>
Technical Fouls on Coach	<p>2 in one game results in disqualification for current and next game.</p> <p>A disqualified coach or spectator must leave the gym.</p>
Technical Fouls on Spectator	<p>1 in one game results in disqualification for current and next game.</p>

	A disqualified spectator <u>must leave</u> the gym.
Timing	
Game Duration	Two 20 min halves; Running clock (even during substitutions) Stopped clock last 2 mins of 2 nd Half if lead is 10 pts or less
Half-time Break	5 mins (including Half-time Free Throws)
Time outs	1 min 2 per team per half
Overtime	
General	1 time out per team per overtime period Fouls and bonus free throws carry over No minimum playing time per player Free substitutions are allowed
First Overtime	2 mins; Stopped clock
Second Overtime	1 min; Stopped clock
Sudden Death	First team that scores 3 points wins
Borrowing Players	
	Not allowed
Mercy Rules	
No. 1	In the second half of play, if the score differential is 20 points or more, <ul style="list-style-type: none"> the scoreboard shall be zeroed out for the remainder of the game, all jump balls will go to the losing team and the winning team must play man-to-man defense and only inside the 3-point line with no double-teaming for the remainder of the game (after one warning, violations will result in a technical foul)
No. 2	In the second half of play, if a team is leading by more than 15 points, the winning team is not allowed to play backcourt defense (after one warning, violation will result in a technical foul).

Rules Specific to 4th-5th Boys & 4th-6th Girls

Basic	
Defense	No restrictions, except: <ul style="list-style-type: none"> Girls: No backcourt defense allowed at any time.
Ball Size	28.5"
Free Throws	
Distance	13½ feet For girls, shooter may land on or past the line, but cannot be the first player to touch the rebound.
Half-time Free Throws	One for <u>every</u> player present (including injured players). May be skipped if both coaches agree.

Rules Specific to 6th-8th Boys & Mostly 6th Girls & 6th-8th Girls

Basic	
Defense	No restrictions

Ball Size	29.5" for boys 28.5" for girls
Free Throws	
Distance	15 feet
Half-time Free Throws	None

<p>Rules Specific to Inter Division Play</p>

Basic	
Applicability	4 th -5 th Boys vs 4 th -6 th Girls 4 th -5 th Boys vs Mostly 6 th or 6 th -8 th Girls 4 th -5 th Boys vs 6 th -8 th Boys 4 th -6 th Girls vs Mostly 6 th or 6 th -8 th Girls 4 th -6 th Girls vs 6 th -8 th Boys 6 th -8 th Boys vs Mostly 6 th or 6 th -8 th Girls
Defense	No restrictions, except: <ul style="list-style-type: none"> If one of the teams is 4th-5th Boys or 4th-6th Girls, no backcourt defense is allowed unless both coaches agree to allow it.
Ball Size	Switch ball size at half if there is a ball size difference. Home team decides on ball size for first half.
Free Throws	
Distance	Each team follows the rule for their respective division.
Half time Free Throws	Only for 4 th -5 th Boys vs 4 th -6 th Girls. May be skipped if both coaches agree.